

## CURRICULUM VITAE

### JOHANNES BAREND PRINS (JOHAN PRINS)

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*B.Sc. B.Sc (Hons); M.B.Ch.B. (Stell); DA (SA); M.Med(Ortho)(Pret); F.C.(Ortho)(SA).  
Independent Medical Examiner (CIME); Member of the South African Orthopaedic Association (SAOA);  
Member of the Medico-Legal Association (SAMLA); Member of the Shoulder and Elbow Society (SASES);  
Member of the Knee Society (SAKS); Member of Société Internationale de Chirurgie Orthopedique et de  
Traumatologie (SICOT); Corresponding Author International Orthopaedics Journal.*

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DOB 18-06-1965

## PROFILE

Qualified Orthopaedic Surgeon established in solo Private practice in Life Groenkloof Hospital. Excellent communication skills shown with supervisors, colleagues and general public. Self-starter, disciplined, confident and goal-orientated individual.

## EDUCATION

- University of Cape Town Law Faculty/South African Medico-Legal Association  
The Principles of Medico-Legal Practice – Diploma 2018
- American Medical Association course for Certified Independent Medical Examiners (CIME) 2012
- University of Pretoria, South Africa (UP)  
M.MED (Ortho) (Pret) 1998 – 2006
- Colleges of Medicine South Africa  
FC (Ortho) SA 2006  
Dip.Anaest. (SA) 1997
- University of Stellenbosch, South Africa  
M.B.Ch.B 1991 – 1995  
B.Sc Honours Degree (Physiology) 1990

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| B.Sc Degree (Physiology & Psychology)    | 1986 – 1989 |
| • Jan van Riebeeck High School Cape Town | 1979 - 1983 |

## **EXPERIENCE**

### **1. LIFE GROENKLOOF HOSPITAL – PRETORIA, SOUTH AFRICA**

- Orthopaedic Surgeon in solo private practice Feb 2007 – present
- Fellowship in Knee Surgery: Dr Daan du Plessis 2007 – 2009
  - Special interest in knee surgery, shoulder surgery, sports injuries and rehabilitation
  - Practice positioned towards shoulder, knee as well as sport injuries
  - Seeing patients involved in MVA and preparing Medico-Legal reports

### **2. BLUE BULLS RUGBY**

- Team Doctor U19, U20, Vodacom and A-teams 2000-2004

### **3. PRETORIA ACADEMIC AND KALAFONG HOSPITAL AND 1 MILITARY HOSPITAL SA**

- Consultant in trauma surgery Nov 2006 – May 2007
- Registrar Orthopaedic Surgeon 2001 – 2006
- Medical Officer – MO (Orthopaedics) 1999 – 2001

### **3.LIVINGSTONE HOSPITAL – PORT ELIZABETH SA**

- MO (Orthopaedics and Anaesthetics) 1997 – 1999

### **4. ST. GEORGE’S GREENACRES AND OASIM HOSPITALS, PORT ELIZABETH SA**

- Private Anaesthetics 1997 – 1999

## **PROFESSIONAL AFFILIATIONS**

1. HPCSA: MP0458872
2. Practice Number: 0253197
3. Member of South African Orthopaedic Association – SAOA
4. Member of the South African Knee Society
5. Member of the South African Society of Shoulder and elbow surgery
6. Member of the SAMLA (South African Medico-Legal Association)
7. Corresponding author of SICOT (Société Internationale de Chirurgie Orthopaedique et de Traumatologie) 2017-2019
8. Member of SASFA (South African Special Forces Association) Support 2021 onward

## **SCIENTIFIC PRESENTATIONS**

1. Guest Speaker/Faculty member – ANUP Master course in Knee Replacement Surgery, Patna, India (October 2019)
2. Cuff Integrity, Patient Satisfaction and functional outcome following open repair of symptomatic Rotator Cuff Tears. Are we doing the right thing? – Presented at the First Pan

African Shoulder Meeting, Victoria Falls, Zimbabwe 2013. Also presented at the 60<sup>th</sup> SAOA Congress, Cape Town 2014

3. Speaker at SICOT Congress 2017, Cape Town, Panel member Symposium on Shoulder/ Rotator cuff Surgery
4. "Lisfranc fracture dislocations of the foot" presented at the Annual Congress of the SAOA – September 2005, Port Elizabeth, South Africa. Received third prize in the GT du Toit competition

### **SCIENTIFIC RESEARCH AND PUBLICATIONS**

- Prins JB, Gräbe RP, "Lisfranc fracture dislocations of the foot" South African Orthopaedic Journal 2006 Feb; 5(1): 50 – 56
- S.Bussichia, G.M. Scords, J.B. Prins, C. Tudesco "Do Ethnicity and Gender influence posterior slope?" J Orthop Traumatol. 2017 Dec:18(4); 319-324

### **OTHER INFORMATION**

- Military Service 1984 – 1985. (Rank – Corporal/PTI) Served as Special Forces Combat Medical Orderly, 7 Medical Battalion Group
- Citizen Force member, 7 Med Bn GP, 1986 – 1991 (Rank – Captain)
- Fluent in English and Afrikaans
- Can read and speak German

### **References available on request:**

- Dr Marius Scarlat – Editor in Chief: International Orthopaedics, Toulon France
- Mr Martin Sarungi – Head Department Orthopaedics, Golden Jubilee National Hospital, Glasgow Scotland